

Come join the...
 Navajo Nation Special Diabetes Project - Chinle Service Area

9th Annual

Four Directions



November 16, 2012
7 AM - 3 PM

The event course is along the Four Directional Routes:

Tsaile - East
 3 mile - Fun Run & Walk
 7 Mile Horseback Ride
 26 Mile Bike Ride - Starts at Tsaile Clinic Parking Lot

Nazlini - South
 3 mile - Fun Run & Walk
 7 Mile Horseback Ride
 26 Mile Bike Ride - Starts at Nazlini Chapter

Rough Rock - North
 3 mile - Fun Run & Walk
 7 Mile Horseback Ride
 26 Mile Bike Ride - Starts at Rough Rock Junction

Pinon - West
 3 mile - Fun Run & Walk
 7 Mile Horseback Ride
 26 Mile Bike Ride - Starts at Cottonwood School



Health Screenings, informational booth, lunch will be served, incentives will be handed out to participants. many local speakers as well as Navajo Nation dignitaries.

For more information please contact: 928) 674-2422.
 Visit us on the web: nnsdp.org

*The Navajo Nation Special Diabetes Project is NOT responsible for any loss, due to accidents, theft, bodily injury, and including loss of property.

